

# HOOCHIE MAMMA

## CAFE

### Breakfast 7am - 3pm



#### Breakfast Bowls

- COUNTRY GREEN APPLE BIRCHER MUESLI**  
with dried fruit, Greek yoghurt, toasted almonds & honey **9.8**
- STRAWBERRY & COCONUT CHIA PUDDING**  
with gluten free pistachio crumble <sup>GF VG</sup> **14.5**
- FRUIT BOWL**  
Greek Yoghurt **1.5+** Coconut Yoghurt <sup>GF</sup> **3.0+** Toasted Muesli <sup>VG</sup> **3.0+** **9.5**
- CACAO & BANANA SMOOTHIE BOWL**  
with berries, toasted coconut, cacao nibs & crushed pistachio <sup>GF VG</sup> **13.8**

#### Toasts, Spreads & Breakie Brushetta's

- Organic Sourdough, New York Rye, Quinoa soy, Raisin & Sour Cherry, Gluten free **TOAST** or Cinnamon toast served with choice of spread & butter **4.5**
- GLUTEN FREE BANANA BREAD**  
with ricotta, honey & cinnamon <sup>GF VG</sup> **5.5**
- WILD MUSHROOM BRUSCHETTA**  
baby spinach, feta, poached egg & chives <sup>VG</sup> **13.8**
- SHEIKAHA'S BRUSCHETTA**  
fresh tomato, zataar, avocado, labneh & 6 minute boiled egg <sup>VG</sup> **14.5**

#### Eggs & More

- FREE RANGE EGGS** with toast <sup>VG</sup>  
choice of poached, scrambled or fried **9.5**
- BACON & EGG ROLL**  
with your choice of BBQ sauce, tomato sauce, aioli or homemade tomato relish **8.0**
- ROAD HOUSE BEAN RAGOUT**  
cannellini beans with scrambled egg & crispy chorizo on thick cut organic sourdough **14.9**
- THE LUMBER JACK OMELETTE**  
with chorizo, mushroom, parsley, feta & toast **14.9**
- GLUTEN FREE SWEET CORN FRITTERS**  
with bacon, avocado, spinach & tomato relish <sup>GF</sup> **16.5**
- ALL THE BUZZ BUTTERMILK PANCAKES**  
with honeycomb butter, fresh strawberries & maple syrup <sup>VG</sup> **16.5**
- VEGGIE BREAKFAST**  
2 free range eggs, haloumi, spinach, roast tomato, field mushroom, smashed chickpea spread & toast <sup>VG</sup> **16.9**
- THE BIG HOOCHIE**  
2 free range eggs, with crispy bacon, pork sausage, field mushroom, roast tomato, hash brown & toast **17.9**
- THE BENEDICTS**  
2 poached eggs, wilted spinach, protein of choice with hollandaise on sourdough
- HAM** 14.9      **BACON** 15.9      **SMOKED SALMON** 15.9

**GF- Gluten Free**

**VG- Vegetarian**

#### BITS & PIECES

- |                |                |               |
|----------------|----------------|---------------|
| Bean ragout    | Pork sausage   | Haloumi       |
| Roast tomato   | Bacon          | Smoked salmon |
| Wilted spinach | Field mushroom | Avocado       |
| Hash browns    |                |               |
| 3.0            | 4.0            | 4.5           |

### Lunch 11:30am - 4pm

#### Baguettes



- TUNA**  
with baby spinach, tomato & aioli **9.8**
- DOUBLE SMOKED HAM**  
with rocket, tomato, dijonaise & Swiss cheese **9.8**
- MOROCCAN CHICKEN BREAST**  
with hommus, rocket, tomato & pickled baby bell peppers **9.8**
- PROSCIUTTO**  
with bocconcini, tomato, rocket, artichoke, basil & aioli **9.8**
- RARE ROAST BEEF**  
with seed mustard aioli, tomato, rocket & caramelized onion **9.8**
- ROAST PUMPKIN**  
baby spinach, zucchini, feta, red peppers & olive tapenade **9.8**

#### Salads



- MOROCCAN CHICKEN SALAD**  
with rocket, honeyed carrots, crispy chickpeas, currants, roast red peppers & lemon mint yoghurt dressing <sup>GF</sup> **17.9**
- SUPERFOOD SALAD**  
with quinoa, kale, roast pumpkin, dried cranberries, almonds, rocket, spinach & sherry vinaigrette <sup>GF VG</sup> **16.9**
- ROAST BEETROOT & SWEET POTATO SALAD**  
with puy lentil, baby spinach, candied walnuts, feta & balsamic vinaigrette <sup>GF VG</sup> **15.9**
- CLASSIC CAESAR SALAD**  
with baby cos, crispy prosciutto, shaved parmesan, croutons, 6 minute boiled egg & house dressing **15.9**
- SPICED CAULIFLOWER SALAD**  
with baby spinach, cashews, wonton crisps, dried cranberries, tahini & lemon dressing <sup>VG</sup> **14.9**

#### PROTEINS

- |                            |                                      |                      |
|----------------------------|--------------------------------------|----------------------|
| <b>6 Minute boiled egg</b> | <b>Grilled chicken breast (180g)</b> | <b>Smoked salmon</b> |
| 2.5                        | 5.8                                  | 4.5                  |

#### Pasta



- TOMATO CASARECCE**  
with bocconcini, basil & tomato 3 ways <sup>VG</sup> **14.9**
- CHICKEN PENNE**  
with mushroom, zucchini, semi dried tomato & smashed basil cream **16.9**
- PRAWN LINGUINI**  
with chilli, garlic, cherry tomato, spinach & white wine herb butter **18.9**
- CHORIZO LINGUINI**  
with garlic, chilli, olives, Spanish onion, spinach & tomato **16.9**

#### On the flip side



- PUCKER PORK SANDWICH**  
with smoky house BBQ sauce, cos lettuce, pickled veggies & onion rings on sourdough **15.9**
- THE BRAT**  
bacon, rocket, avocado, tomato & aioli with skinny fries **14.9**
- THE DOWNTOWN HOOCHIE BURGER**  
Wagyu beef pattie, house sauce, American cheddar, tomato, pickles & cos lettuce with skinny fries **15.9**
- SANTA FE CHILLI CHICKEN BURGER (MILD)**  
with grilled pineapple, bacon, tomato, cos lettuce, aioli & melted American cheddar with skinny fries **15.9**
- SKINNY FRIES** **6.0**

#### Something Sweet

All sweets served with Berry coulis  
Add 1 scoop Vanilla ice cream 1.5



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|---|------------|---|------------|
| <b>RASPBERRY &amp; PISTACHIO FRIAND</b> | <b>3.8</b> | <b>CHOCOLATE PUDDING</b> <sup>GF</sup>    | <b>4.8</b> |
| <b>NUTELLA BROWNIE</b>                  | <b>4.5</b> | <b>PALEO FERERRO ROCHER</b> <sup>GF</sup> | <b>5.0</b> |
| <b>TRIPLECHOC BROWNIE</b> <sup>GF</sup> | <b>4.0</b> | <b>PERSIAN ORANGE CAKE</b> <sup>GF</sup>  | <b>4.8</b> |
| <b>LEMON MERINGUE</b>                   | <b>6.0</b> | <b>HOOCHIE MUFFIN SMALL</b>               | <b>3.5</b> |
| <b>ALMOND CROISSANT</b>                 | <b>4.8</b> | <b>HOOCHIE MUFFIN LARGE</b>               | <b>4.5</b> |

# HOOCHIE MAMMA

CAFE

## Beverages

### Coffee

decaf | strong | soy | almond | large .70 extra

ESPRESSO, MACCHIATO, RISTRETTO	3.0
CAPPUCCINO, LATTE, FLAT WHITE, PICCOLO, LONG BLACK, MOCHA, HOT CHOCOLATE	3.8

### Specialty Coffees

decaf | strong | soy | almond | large .70 extra

CHAI LATTE, ICED LATTE	4.0
MATCHA GREEN TEA LATTE	4.3
DIRTY CHAI	4.5
COLD DRIP	5.0
AFFOGATO, ICED COFFEE, ICED MOCHA, ICED CHOCOLATE	6.0

### Loose leaf tea

ENGLISH BREAKFAST, EARL GREY, CHAI, GREEN TEA, JASMINE	
LEMON GRASS & GINGER, CHAMOMILE, PEPPERMINT	4.5

### Cold Drinks

COKE, COKE ZERO, DIET COKE, LEMONADE	4.0
SAN PELLEGRINO-CHINOTTO, LIMONATA, ARANCIATA 200ML	4.0
BUNDABERG - LEMON LIME BITTERS, PINK GRAPEFRUIT, BLOOD ORANGE, GINGER BEER	4.0

### H2O

NU 600ML	3.0
SAN PELLEGRINO SPARKLING MINERAL WATER	
250ML 4.0      500ML 5.5      1L 8.5	
RAW C COCONUT WATER 330ML	4.5

### Fresh Juices

any substitutions will be politely declined

THE GREEN HORNET green apple, kale, celery, cucumber, lemon & parsley	6.5
THE GINGA NINJA carrot, apple & ginger	6.5
HEART BEET beetroot, carrot, celery & lemon	6.5
FRUIT SPLASH pineapple, orange & passionfruit	6.5
MELON COOLER watermelon, apple & mint	6.5
FRESH ORANGE JUICE	6.5

### Thick Shakes

CHOCOLATE, STRAWBERRY, CARAMEL, VANILLA	5.5
KIDS THICK SHAKES 220ML	3.5

### Smoothies

almond | soy milk 1.00 extra

COCOBERRY mixed berries, acai, coconut & milk	7.0
CHUNKY MUNKY chocolate, banana, chia, honey & milk	7.0
NANA BERRY BANG strawberries, banana, yoghurt & milk	7.0

## Wine List

### Sparkling Wine

TEMPUS TWO BLANC DE BLANC PICCOLO 200ML Limestone Coast SA	9.0	
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### White Wine

LOST TURTLE SAUVIGNON BLANC Marlborough NZ	9.0	32.
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VILLA TERESA ORGANIC PINOT GRIGIO Vento Italy	8.0	31.
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### Rosé

STONEFISH ROSÉ Margaret River WA	7.0	29.
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### Red Wine

PENINSULA PANORAMA PINOT NOIR Mornington VIC	9.0	32.
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GRANT BURGE BENCHMARK SHIRAZ Barossa SA	7.0	29.
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## Beer & Cider

HAHN PREMIUM LIGHT	5.5
CARLTON DRAUGHT	7.0
5 SEEDS CLOUDY APPLE CIDER	8.0
ASAHI SUPER DRY	8.5
LITTLE CREATURES PALE ALE	9.0



## Event Catering & Function Hire

Catering packages available enquire within.

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[www.hoochiemammacafe.com.au](http://www.hoochiemammacafe.com.au)

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Opening Hours

Monday to Saturday 7am - 5pm

Sunday 8am - 4pm

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#hoochiemammacafe



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